

Name _____

Age _____

ATA Tigers Star Worksheet

Self Control



RAON

Raon is the biggest one in Tiger class. He is very strong and a great athlete. Although he always means well, and sometimes he leaps before he looks. He is working on improving his Self Control!

Directions: With a parent's help, read about Self Control in your newsletter. Then have a parent help you read the questions below and circle the best answer. Then have a parent help you write your final answer on the lines at the bottom of the page.

1. **Someone at school calls you a name that you don't like. What should you do?**
 - a. Call them a name.
 - b. Walk away and ignore them.
 - c. Kick and scream and throw a fit.

2. **Your little brother is playing with a toy you wanted to play with. What should you do?**
 - a. Take it back and yell at him for using it.
 - b. Hide all the toys so he can't play with any other ones.
 - c. Find something else to play with until he's done, or ask him to share.

3. **Karate Kids Rule #1 is:**
 - a. Always keep our hands and feet to ourselves.
 - b. Cookies are not for dinner.
 - c. Never keep a moose in your closet.

4. **Karate Kids Rule #2 is:**
 - a. There are no rules!
 - b. If it's not yours, don't touch it.
 - c. It's okay to pick your friends, but not your nose.

5. Describe a time when you used good self control.
