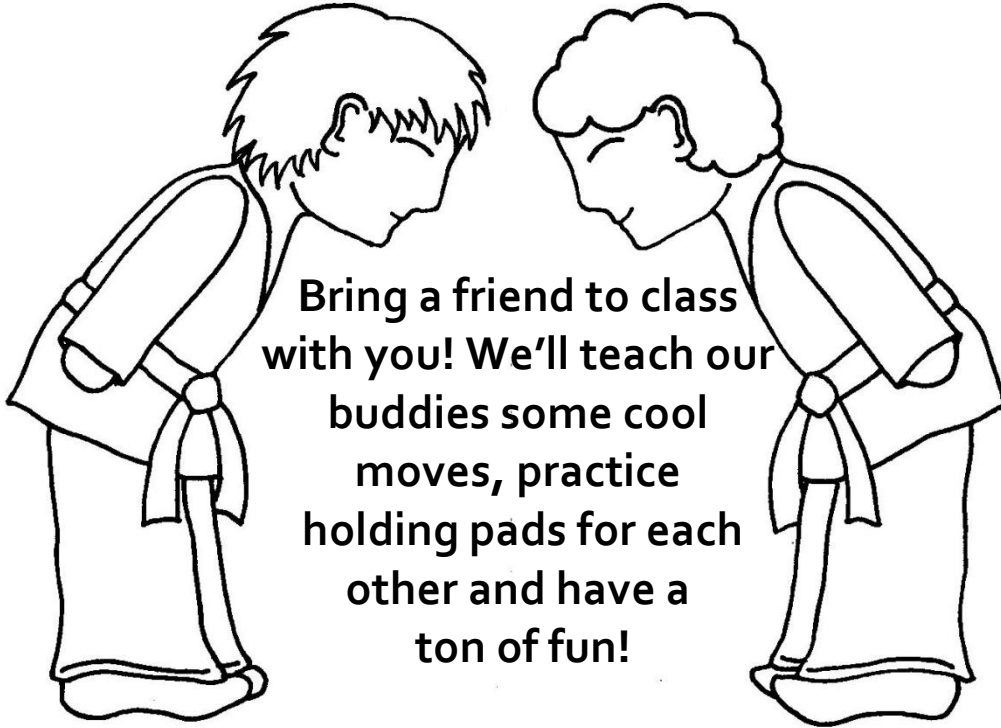


August 21st, 22nd & 23rd

Buddy Days!!!



Bring a friend to class with you! We'll teach our buddies some cool moves, practice holding pads for each other and have a ton of fun!

All kids earn a green star for bringing a friend to class.



Buddies should be ages 4 or older.

If your Buddy signs up for a 4 Week Beginner Membership that day, you a free belt keychain!

Your friend should wear comfortable clothes to class.