



Dedicated to Black Belt Excellence!

**ATA Taekwondo Center**

204 Sunset Drive

Butler, PA 16001

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[www.ata-k4k.com](http://www.ata-k4k.com)

# JULY

**Join us at the Butler Relay for Life on July 15th at the Butler Farm Show Grounds!**

This will be our 11th year participating!  
IT'S NOT A RACE! It's a 24 hour community event with games, music, food, raffles, a live butterfly release, costumed characters & more! Fun for the whole family. Proceeds benefit the American Cancer Society. Sign up to walk with our team or help run our table!

**MODIFIED CLASS SCHEDULE ON JULY 15TH**

9:00-9:30am - ATA Tigers  
9:30-10:15am - White-Blue Karate Kids  
10:15-11:00 - Brown-Black Karate Kids  
11:00-12:00 - Teens & Adults

**NO FAMILY CLASS ON 7/15/17**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Starting in July, Friday Sparring Classes will follow the schedule on the Calendar!</b></p> <p>Each week we will focus on a different theme. Sparring classes on Friday are fun &amp; include different types of sparring then we do in regular class plus fun games &amp; activities!</p> <p><b>Point Sparring</b> - The type of sparring we use at Tournaments. First person to 5 points wins!</p> <p><b>Team Sparring</b> - Fun class only games &amp; a special type of team point sparring used at Tournaments!</p> <p><b>Combat Bahng Mahng EE</b> - Sparring with special padded sticks &amp; gloves, lots of fun!</p>						1
2 Week 3 6 Classes GOAL: Earn First Stripe!	3 CLOSED	4 CLOSED Happy 4th!	5 SPAR	6 SPAR	7 SPAR <b>POINT SPARRING</b>	8 SPAR Mega Cruise Demo 4pm Butler Airport Classes Held As Usual
9 Week 4 8 Classes GOAL: Learn the Rest of Your Form!	10	11	12 Did you do your star paper yet? <a href="http://www.ata-k4k.com">www.ata-k4k.com</a>	13	14 <b>COMBAT BAHNG MAHNG EE</b>	15 <b>BUTLER RELAY FOR LIFE</b> <u>Farm Show Grounds</u> Demo Team Performs at 6pm & also a Glow in the Dark Demo at 11pm after Luminaria! <b>MODIFIED CLASS SCHEDULE</b>
16 Week 5 10 Classes GOAL: Earn 2nd Stripe!	17 SPAR	18 SPAR	19 SPAR	20 SPAR	21 SPAR	22 SPAR
<p><b>NINJA WARRIOR SUMMER CAMP 10AM-2PM</b> <i>Must be Pre-Registered to Attend!</i> <i>Evening Classes Held as Usual</i></p>						
		NO MORNING OR 12:15PM CLASSES			<b>TEAM SPARRING</b>	
23 Week 6 12 Classes	24	25	26 Butler Library Summer Reading Program Demo 10:30am	27	28	29
30 Week 7 14 Classes	31 SPAR		Classes Held As Usual		<b>COMBAT BAHNG MAHNG EE</b>	