

BACK TO SCHOOL KIDS SAFETY CARNIVAL

SATURDAY, AUGUST 19TH 11-2PM

- ★ **Carnival Games & Prizes!**
- ★ **Face Painting & Balloons!**
- ★ **Free Martial Arts Lessons!**
- ★ **Kids Story Time!**
- ★ **Kids Self Defense & Abduction Prevention!**
- ★ **Bullying Prevention Lessons!**
- ★ **Performance by the ATA Demo Team!**
- ★ **Visits from What a Character Mascots!**

Free Beginner's Taekwondo Lessons

11:30am & 1:30pm

Try a free class and learn how to build your child's focus, discipline & self confidence for this school year! For ages 4 to 12. Wear comfortable clothes and learn some kids & punches with us!

Abduction Prevention & Self Defense Lesson

12:00pm

Kids will learn how to spot a dangerous situation and try easy practical self defense moves they can use if they ever find themselves in a dangerous situation!

Bully Proof & Self Defense Lesson

12:30pm

Kids learn how to handle difficult situations with others, build their confidence and how to help friends in need. Kids will learn how to spot and avoid bullying situations, practice schoolyard appropriate self defense and role play on how to use their words effectively. Parents will be given tips on how to help their child if a difficult situation arises in their child's school.

ATA Demo Team Perform

1:00pm

Come watch an awesome show of traditional martial arts, weapons, board breaking and some comedy!

Kids Story Time

Every Half an Hour starting at 11:15am

Join us every half hour for a different fun story with the ATA Tigers Characters! Each story has an important lesson like overcoming shyness, using self control, standing up to bullies and more!

FREE LESSONS & GAMES FOR AGES 4-12!



ATA Taekwondo Center

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